



COSHH Assessment - A one day workshop

This course provides delegates with a detailed understanding of the latest version of the COSHH Regulations 2002 and will help them understand when a COSHH Assessment is required and the responsibilities for undertaking the Assessment. Through practical examples and workshop exercises, the Presenter will explain how a COSHH Assessment should be undertaken and will explore with the delegates relevant examples within their own workplaces. The course will discuss options and effectiveness of control measures to eliminate and reduce risks and when and how health surveillance may be required and implemented.

This course is relevant for anyone with responsibility for managing or undertaking work with hazardous substances and is equally appropriate to those with no prior knowledge or those looking to review and improve their current arrangements.

Course Programme

Introduction

- Why care about COSHH
- Ill health statistics

What is a Substance Hazardous to Health

- Toxic, Harmful, Corrosive, Irritant
- Biological Agents
- MEL and OES
- Dust
- Other substances

Legal Requirements

- Legal Framework
- ACOP and Guidance Documents
- COSHH Regulations 2002

How to complete a COSHH Risk Assessment

- Hazard Identification
- Information gathering
- Risk Assessment
- Implementing Control Measures
- Supervision
- Health Surveillance

Examples of COSHH Assessments

Examination of typical COSHH Assessments

Workshop Exercises

Practical exercises in syndicate groups

Control and Monitoring

Hierarchy of Controls

Risk reduction measures

Personal Protective Equipment

Support Strategies

Monitoring and Review

Summary

Questions and Discussion